

**SOUTHEAST TECHNICAL INSTITUTE (STI)
SURGICAL TECHNOLOGIST PROGRAM
TECHNICAL STANDARDS**

To assist in making a decision about pursuing this program, the following is a general overview of the physical requirements, working conditions and job duties of a Surgical Technologist.

Surgical Technologists are members of the surgical team who work with other personnel in delivering quality patient care to clients of all age groups. Surgical Technologists assume responsibilities pre-operatively, which includes organizing equipment and instruments and setting up quickly and accurately for emergency cases. The Surgical Technologist assists the surgeon during surgical procedures and efficiently handles surgical instruments at physician's request. They also are required to help with post-operative duties, such as cleaning and sterilizing equipment. Surgical Technologist may be required to work various shifts to provide 24 hour coverage, including early morning, day, evening, and night shifts. Shifts may include holiday coverage and on-call time. Surgical Technologists are exposed to stressful situation which may include occasional sudden change in workload, high stress patient situation such as cardiopulmonary arrest, demise of patient, etc. They are expected to be able to concentrate on work tasks amidst distractions, and must be able to exert self control and confidence even under stressful situations. A national certification of Surgical Technology (CST) is preferred by most facilities.

Surgical Technologists are expected to have the ability to:

- regularly express or exchange ideas by means of oral communication
- regularly talk and hear muffled sounds over medical equipment and through surgical masks
- regularly stand 1 – 5 hours at a time or up to 11 hours per shift
- regularly must be able to discern small numbers and words on gauges on medical equipment and supplies used in surgery
- routinely need manual dexterity to handle instruments quickly
- frequently lift up to 10 pounds, occasionally lift/push/pull/carry up to 50 pounds
- occasionally bend, stoop, kneel, or crouch

*Source: www.bls.gov and local job descriptions

By signing below, I am acknowledging I have read the above information and understand the general physical requirements, working conditions and job duties typically associated with a Surgical Technologist. I understand that this information is general in nature and that actual conditions and job duties may vary.

Print Name: _____

Signature: _____ **Date:** _____